

Timecode	Footage	Voice Over Script/ IVs Transcribed
00:00 –	Highlights	Title Sequence
00:09	<i>Dongfeng Race Team and MAPFRE racing, images from Leg 7</i>	<i>Just a single-point separates the leading teams in the 2017-18 Volvo Ocean Race, with just over ten-thousand miles and four legs remaining.</i>  <i>Having enjoying a strong points advantage since leg two, Spain’s Mapfre relinquished the overall lead to China’s Dongfeng Race Team after damaging their mast-track and mainsail in the Southern Ocean passage from Auckland to Brazil.</i>
00:33	<i>Charles Caudrelier Skipper Dongfeng Race Team</i>	<i>IV: I’d say the race is far from finish, only one point, there is still four legs to go so a lot of points to take. And the boat is tired, the crew is exhausted so, mistakes can happen and you know, one mistake and it is over for you. Now we have to find why we don’t manage to win one leg - and I hope it will be the next one</i>
00:58	<i>Xabi Fernández Skipper MAPFRE</i>	<i>IV: It is, it is re-starting again, we should be happy where we are, I think in the very beginning of the race we’ve always wanted to be here, in Itajaí with all the options to win the race because we know that – we have done the hardest part and now it is just going back to pure racing and boat to boat basically. Next leg is very important for us, I think we’re ready, boat is ready, so go out there and try x</i>
01:27	<i>Team Brunel sailing, images from Leg 7, boat refit, stop-over and team briefing</i>	<i>Dutch entry, Team Brunel, profited most from the double-point leg 7, claiming the leg win and accompanying bonus points to vault from sixth to third place overall.</i>  <i>After a slow start in the competition, it was an impressive come-back by the eight-time Volvo Ocean Race veteran, Bouwe Bekking, and his entire team, who used the Auckland stopover to address their performance slump and re-set the team’s targets.</i>
01:53	<i>Bouwe Bekking Skipper Team Brunel</i>	<i>IV: Yes of course it is really good hype in the team after winning the last leg. I think most important thing is of course that we’ve just showed that we’re worth. I’ve just realised how important the shore crew is and I think we have one of the best shore crews – even if we are just a small team we know just how hard these guys and girls are working to make us actually perform as good as possible. And after this good result we got on the last leg we just start looking up and second place is just a bit closer than the first place but everybody is in reach and that means there is still a lot of points to be grabbed – but you have to take it day by day.</i>
02:28	<i>Team AkzoNobel and Sun Hung Kai/Scallywag and footage of John Fisher sailing</i>	<i>In fourth place, Simeon Tienpont’s team AkzoNobel remain within striking distance of the podium, whilst Sun Hung Kai / Scallywag, from Hong Kong, slide to fifth overall after retiring from the leg due to the loss of crewman John Fisher, in the Southern Ocean.</i>
02:44	<i>David Witt Skipper Sun Hung Kai/Scallywag</i>	<i>IV: (press conference) Sunday it is going to be a little bit weird, it will be the first time I’ve gone out at sea without him for the first time in 12 years. Like you said the support we’ve had from within the Volvo family it’s been amazing. I think - it takes special people do</i>

		<i>this race, whether you are the skipper or you are the crew and I think the character of the people in this race is been amplified by the way we've been supported by other competitors in the last week. The best thing we can do in John's memory is get on the job, get on with it on Sunday - if he'd watched me, if he was standing behind me right now he'd be telling me to harden up. Don't be soft and get on with it- that's what we are going to do on Sunday.</i>
03:19	<i>Vestas 11<sup>th</sup> Hour Racing sailing and images from their dismasting in leg 7</i>	<i>Sun Hung Kai / Scallywag scrambled to make the Itajaí re-start, as did Vestas 11<sup>th</sup> Hour Racing, who suffered a dismasting soon after rounding Cape Horn, forcing them to retire and head to Itajaí under jury rig.</i>  <i>It was their second leg retirement, and after missing the leg to Auckland whilst their yacht was under repair, the US / Danish entry are battling to maintain their fighting spirit after the series of set-backs have knocked them to sixth overall.</i>
03:47	<i>Charlie Enright Skipper Vestas 11<sup>th</sup> Hour Racing</i>	<i>IV:</i> <i>Yeah, it is funny you know, a lot of people have asked kind of how our goals have changed – you know in a lot of ways they haven't, just because of how we look at the process, for us it is not really about July – you cannot think about July. You have to think about the leg that you got in front of you and we are going to be a disrupted force certainly between now and the end of the race. We've experienced a lot, you couldn't write it if you tried! But having said that it is not over, only we control how this crazy story ends and... you know we want to be remembered as the team who triumphed in the face of adversity, and not the team that folded so we're all pretty motivated.</i>
04:30	<i>Turn the Tide on Plastic racing</i>	<i>Dee Caffari's Turn the Tide on Plastic remains seventh, but have narrowed the gap after posting their best finish to date, on the hardest leg of the race.</i>
04:39	<i>Dee Caffari Skipper Turn the Tide on Plastic</i>	<i>IV:</i> <i>It is unbelievable how such a big event is coming to a close. We counted up there is only about 36 days offshore sailing left. So really is about leaving nothing in the tank and giving everything we've got. We want podiums on the rest of the legs. It is a big ask but we know we can do it and we are capable of it. So we just need to clinch that final position as you cross the finish line.</i>
04:58	<i>Route animation</i>	<i>Back in the Atlantic, the race heads next to North America, 5,700 miles from Itajaí, Brazil, to the US sailing mecca - Newport, Rhode Island - then on towards Europe for an end of June finish in The Hague.</i>
05:11	<i>Charles Caudrelier Skipper Dongfeng Race Team</i>	<i>IV</i> <i>So, now we are focusing on the next one – we won last time but we were in a different situation. And between a winner and a second place sometimes there is just your mind and how you manage the pressure, so we have to work on that and sail normally and forget the pressure, which is quite difficult.</i>
05:34	<i>Sun Hung Kai/Scallywag boat refit during stopover and crew before departure</i>	<i>Sun Hung Kai/Scallywag had just three days to get their yacht ready for the re-start, returned to the water with a day to spare, the sailing team reformed to continue competing in honour of lost crew-member, John Fisher.</i>

05:45	<i>Trystan Seal Sun Hung Kai/Scallywag</i>	<i>IV Pretty emotional, you know, the team has been through a lot in the last couple of weeks but it's the support of everyone here and I think this just proves that everyone is backing us, you know we turned the boat around in 48 hours, and the help of the boatyard and teams and everyone it's been impressive you know. This one is going to be a tough leg for sure to get through, you know we stick together, that's what we do as a team and sure we can try get another good result, and it is great to be here, so everyone is just happy.</i>
06:14	<i>Images of the Itajaí Race Village and sailors parade with Martine Grael and 49er team mate Kahena Kunze. Fleet crossing start line of leg 8</i>	<i>The fleet docked out in front of thousands of Itajaí race fans, Brazil's Martine Grael the star of the show, joined by her Rio Olympic medal-winning team-mate, Kahena Kunze. Mapfre dominated the start, leading the way around the harbour course in front of a large, local spectator fleet, before the teams headed offshore, bidding Itajaí farewell.</i>
06:36	<i>Ñeti Cuervas Mons MAPFRE</i>	<i>IV This start was pretty good for us, we did a good start and we managed to lead the fleet from the whole sausage and triangle, so we are happy, now it comes the tricky part which is the leg... hopefully we keep the first place.</i>
06:49	<i>END PLATE</i>	
06:52	<i>END</i>	<i>END</i>