

Timecode	Footage	Voice Over Script/ IVs Transcribed
00:00	Highlights	Title Sequence
00:10	<i>Wet and fast sailing, big conditions, Southern Ocean</i>	<p><i>Leg 7 of the 2017 18 Volvo Ocean Race produced the most difficult sailing that the race has seen in many years, certainly the most gruelling in this edition, to date.</i></p> <p><i>The relentless conditions tested boats and crew Relentless Southern Ocean storms producing massive sea,s made daily life above and below deck challenging.</i></p> <p><i>UPSOT Rob Greenhalgh, MAPFRE: "Yes, it's pretty rough"</i></p> <p><i>Leg 7 marked the halfway point of the race, and the final leg through the southern ocean, and after 7,600 miles and 16 of intense racing, a new overall race leader emerged.</i></p>
00:46	<i>Jack Bouttell, Dongfeng Race Team</i>	<p><i>UPSOT Race shots with music</i></p> <p><i>"Let's go straight to Itajaí, full speed, let's go!"</i></p>
00:48	<i>Team Brunel finishing leg 7 in first place and sailing; tracker</i>	<p><i>After defending the lead for more than a week, Bouwe Bekking's Team Brunel took a hard fought leg 7 victory, by just 15 minutes from Dongfeng Race Team.</i></p> <p><i>It was their first leg win of the 2017 18 Volvo Ocean Race and the team scored maximum points – including bonus points for leading around Cape Horn, and for the leg win.</i></p> <p><i>The result puts Bekking and Brunel back in the game - vaulting them from sixth to third overall in the standings, a much needed confidence boost following a slow start to their campaign.</i></p>
01:20	<i>Bouwe Bekking Skipper Team Brunel</i>	<p><i>IV</i></p> <p><i>"It was bloody hard, so actually it was good that we pulled this off in a lot of ways, because from the beginning on to the end we had been sailing a very solid leg, and to win is just the icing on the cake."</i></p>
01:34	<i>Dongfeng Race Team, MAPFRE, scoreboard</i>	<p><i>Dongfeng Race Team's second was their 5th podium finish of the race, and, capitalising on Spanish rival, Mapfre's, battles with a damaged mast track and mainsail at Cape Horn, the Chinese-flagged Dongfeng take over as race leaders.</i></p>
01:49	<i>Charles Caudrelier Skipper Dongfeng Race Team</i>	<p><i>IV</i></p> <p><i>"A very tough leg, probably one of the toughest legs of the Volvo Ocean Race. But for us at the end it was positive, the leader Mapfre will probably finish 4th or 5th, and we finished second which means we take the lead, so very proud of the team for what we have done, because it was really tough and we proved that Dongfeng Race Team is a strong team. We will be ready for the next one, which is one of our favourite legs to Newport, which we won last time."</i></p>

02:17	team AkzoNobel and Turn the Tide on Plastic finishing leg 7	<p>Rounding off the podium was Team Akzonobel, two days behind the leading duo.</p> <p>Dee Caffari's Turn the Tide on Plastic took their best result of the race, with a well earned 4th place on the hardest leg of the race to date.</p>
02:30	Dee Caffari Skipper Turn the Tide on Plastic	<p>IV</p> <p><i>"It feels like we won the leg, I can't believe that at two o'clock in the morning there is this many people out to welcome us in, but definitely we are getting better and better, the fact we well in a light wind leg and now in a heavy wind leg, we were crossing gybes with Mapfre and Dongfeng in the Southern Ocean, which gave us a lot of confidence. But the memory of Auckland is still very, very raw, because we were still working out how fast Mapfre had to go to overtake us, even though we had built up a 300 mile buffer, we were still not convinced it was enough, so were delighted to be in, safe and sound, and their still out there."</i></p>
03:04	MAPFRE finishing leg 7, damage to their sail, sailing	<p>Finishing in unfamiliar territory, a full 5 days behind the leaders was MAPFRE – who had to settle for fifth place, losing time at Cape Horn when they elected to suspend racing to carry out repairs.</p> <p>But the team is still very much in the fight, just a single point now separating them from the new overall race leaders, Dongfeng Race Team.</p>
03:28	Xabi Fernandez Skipper MAPFRE	<p>IV</p> <p><i>"We've always known that it is very hard to keep in the lead, the whole way, and you know we've been here before. And I think we have to be happy now, with all the problems in the leg, the five points we had in the pocket before, we are still right there in the race, we are only one point behind, which is nothing. We wont do any changes, just rest, and keep sailing as we are."</i></p>
03:54	Vestas 11 th Hour Racing drone and idsmast images and repairs	<p>Vestas 11th Hour Racing also experienced their own difficulties.</p> <p>After running second for much of the leg, the American/Danish flagged team dismantled just south of the Falkland Islands.</p> <p>Retiring from the leg to regroup at the Falklands, the Vestas 11th Hour Racing crew built a "Jury Rig", to help them get them to Itajai in time to fit a new mast ahead of the Leg 8 re-start to Newport.</p>
04:21	Phil Harmer Vestas 11 th Hour Racing	<p>IV</p> <p><i>"Our best option now, is get directly to Itajai from here. The plan is to build a Dury Rig, after we were dismantled, we've managed to find an aluminium pole."</i></p>
04:31	Tony Mutter Vestas 11 th Hour Racing	<p>IV</p> <p><i>"We'll try and make our storm jib fit from the front, we've asked Skip Novak if we can have a look at his container load of sails, he's got for</i></p>

		<i>a couple of boats here called the Pelagic.”</i>
04:44	<i>Tom Johnson Vestas 11th Hour Racing</i>	<i>IV “Doing a couple of touches to these sails we found, once the breeze stops, it’s like 50 knots out there right now, once the breeze dies down we should be able to step the rig, and get ready to leave, get out of here and on our way to Itajai.”</i>
04:57	<i>Archive images of Scallywag, John Fisher sailing</i>	<i>Also on delivery to Itajaí is the SHK/Scallywag boat. Following the tragic loss of crewman, John Fisher, the team made landfall in Chile, where a delivery team stepped aboard. The boat is now en route to Itajai, with hopes of making the start of the upcoming leg.</i>
	<i>Generic images of the fleet sailing; route animation</i>	<i>11,000 miles remain in the 2017 18 Volvo Ocean Race, past half way, the teams now focusing on the race home towards Europe. But first, the Itajai in-port race, followed by leg 8, which takes the fleet north to the world famous sailing mecca of Newport, Rhode island, starting April 22.</i>
05:40	END PLATE	
05:44	END	