

TIMECODE	FOOTAGE	SCRIPT / VO / James West
00:00 - 00:40	B roll of drone footage, strong shots of boats into atlantic swells, Quick sound grab with Jules salter	<p>A week in to Leg 2 of the Volvo Ocean Race, a five-way battle has developed for the lead, just 20 miles separating the top group.</p> <p>The 7000 nautical mile leg from Lisbon to Cape Town is the fleet's first ocean marathon, and has proven to be a huge test, mentally and physically.</p> <p>Quick grab Luke Parkinson - "It just goes on and on, it's relentless"</p> <p>Quick grab "Jules Salter - "Oh I just got washed back a bit by a wave, as I was going forward to secure something which was a bit loose, and fell on my backside which was a bit embarrassing, but there ya go"</p>
00:40 - 01:05	B roll and quick shot of the fleet on 3d tracker	<p>The leading pack have been closely matched in both speed and tactics all week, as they weaved their way west in the North Atlantic - racing as one pack, to maintain cover on one another, Dongfeng Race Team, MAPFRE, Vestas 11th Hour Racing and team AkzoNobel constantly scrapping for the lead.</p> <p>Blair Tuke "It's exciting, and it's cool to sort of see all the boats around you make gains very quickly or losses very quickly.</p>
01:05 - 01:21	IV Dee Caffari	<p>With the weather constantly changing as the fleet moved further south, frustration began to set in for the trailing group.</p> <p>Dee Caffari "We haven't continued to gain, we lost out a little bit, which is a bit frustrating.</p>
01:21 - 01:34	B roll boats ending with b roll of team AkzoNobel	<p>Racing one-design Volvo Ocean 65s, even small mistakes can result in big consequences, as demonstrated when, 5 days into the leg, team AkzoNobel were dropped from the lead pack due to a simple error in communication.</p>
01:34- 01:58	IV Chris Nicholson	<p>Chris Nicholson IV explaining what happened "To be honest, we've made a lot of silly, silly losses, and then we fight our way back, which is good. But you know, we've just got to knock out these silly losses. Like lastnights was more a communication error from where we wanted to go to what we had to deliver on deck, and we coughed up like 6 miles, you know we should have been 2nd"</p>
01:58 - 02:20	Doldrum broll (archive and current) and tracker shots	<p>The Doldrums is a colloquial term given to the area of the Atlantic Ocean where prevailing winds typically drop completely, often proving to be a navigator's nightmare when yachts can become becalmed for days, or weeks, on end.</p> <p>The notorious area haunts any experienced Volvo Ocean Racer, but this time the fleet made it through in record time, with good, consistent wind.</p>
02:20 - 02:30	IV Charlie Enright	<p>Charlie Enright "Compared to the last race, the "Doldrums" were easy. They're always kinda challenging though, a lot of sail changes, not a lot of sleep. We got through relatively unscathed, which is nice.</p>
02:30 - 02:40	Show 3d tracker when Dongfeng Race Team zigzagged to the lead	<p>Minimising their mistakes, and capitalising on opportunities, Dongfeng Race Team weaved their way around the varying conditions, moving up into the lead as the fleet passed over the Equator.</p>
02:40 - 02:55	IV Stu Bannatyne	<p>Stu Bannatyne IV quote "I don't know if you noticed, there was a bit of a bump when we were sailing along, we ran over the equator, just a few minutes ago. So welcome to the southern hemisphere"</p>
02:55 - 03:13	B ROLL OF TEAMS DEALING TO THE ROOKIES	<p>According to Maritime tradition, anyone crossing the equator for the first time must pay their respects to King Neptune, bargaining for a safe passage, time for race rookies, or "Pollywags", to pay their dues, and become Trusty Shellbacks".</p>
03:13 - 03:29	B roll of Turn the Tide and Scallywag	<p>The racing was just as intense at the back of the pack, Turn the Tide on Plastic and Sun Hung Kai / Scallywag locked in a permanent duel. The Hong Kong team were eventually relegated to the bottom of the leader board after struggling to successfully pick their way through the maze of equatorial cloud systems.</p>
03:29 - 03:36	IV David Witt	<p>David Witt "Clouds are horrible, they just cost us about 50 miles, I hate them, I hate them"</p>
03:36 - 04:11	B roll	<p>The chasing pack faced a new challenge, how to reel in leader Dongfeng Race Team with few tactical opportunities in the days ahead, the fleet moving into the conveyor-belt south east trade winds off the Brazilian coast.</p> <p>As the teams race further south they will have their first taste of the Southern Ocean and potential record-breaking conditions lay ahead as they close on the Cape Town finish, which is expected to be as early as November 24.</p>