

Beverages

SWISS First

the 1990s, the number of people with diabetes has increased in all industrialized countries. In the Netherlands, the prevalence of diabetes has risen from 1.5% in 1975 to 5.5% in 1995. The prevalence of diabetes is expected to increase further, because of the increasing life expectancy and the increasing prevalence of obesity (1).

Diabetes is a chronic disease, which is characterized by a deficiency of insulin, leading to hyperglycaemia. The hyperglycaemia is associated with a number of complications, such as retinopathy, nephropathy, neuropathy, and cardiovascular disease. The complications of diabetes are the main cause of morbidity and mortality in these patients (2).

The aim of this study was to evaluate the effect of a new insulin pump on the glycaemic control in patients with diabetes. The study was conducted in a randomized, controlled, crossover design. The study was conducted in a hospital setting, and the patients were recruited from the outpatient clinic of the hospital.

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Champagne

Aperitif

Beer

Soft drinks

Champagne

Pommery Cuvée Louise Millésime 2006 Parcelles

Vranken Pommery Reims – Champagne, France

Chardonnay, Pinot Noir

A tribute to Madame Jeanne-Alexandrine Louise Pommery the namesake of this champagne. Perfectly ripe grapes harvested by hand at the right time to obtain the purest juices and respect Madame Pommery's original philosophy of highest quality. Made from just three Grand Cru vineyards, Aÿ, Avize and Cramant, the champagne boasts charming floral notes and aromas of toasted hazelnut and brioche, with a refined, creamy palate and balanced minerality. Its elegant finish is characterised by honey notes and citrus zest.

Aperitif

Campari

Breil Pur London Dry Organic Swiss Gin

Grey Goose Vodka

Bacardi White Rum

Beer

Appenzeller Quöllfrisch Lager

Craft Appenzeller beer

Appenzeller Leermond beer (non-alcoholic)

Soft drinks

Coca-Cola

Coca-Cola Zero

Sprite

Tonic water

Juices

Orange

Apple

Grapefruit

Tomato

Water

Still

Sparkling

White wine

Switzerland

Pinot Blanc 2022

Brunner Weinmanufaktur – Hitzkirch, Lucerne
Pinot Blanc

Lucerne produces a limited amount of wine, most of which is distributed locally: This rare wine from Brunner Weinmanufaktur is one of them. The winery was founded in 2007 and cultivates 13.5 hectares of vines. This classic Pinot Blanc shows aromas of fresh stone fruit and meadow flowers with a delicate creaminess, lively palate and notes of honey and melon. Well balanced and ultra refreshing. A match for starters, fish or as an aperitif.

France

Chablis Premier Cru Montée de Tonnerre 2019

Simonnet-Febvre – Chablis, Burgundy
Chardonnay

Founded in 1840 and bought by Maison Louis Latour in 2003, Maison Simonnet-Febvre is now a leading name. This elegant Chablis is fermented in stainless steel and barrels. It shows a classic nose of delicate citrus blossom and floral honey notes. It boasts a wonderful juiciness and minerality on the palate, with a saltiness and fine acidity, accompanied by hints of white flowers, honey and pineapple. Perfect as an aperitif, with starters or fish.

South Africa

Creation Reserve Chardonnay 2022

Creation – Hermanus, Cape South Coast
Chardonnay

Swiss-born Jean-Claude Martin and his South African wife Carolyn planted their first vines two decades ago in Hemel-en-Aarde in the Walker Bay district. This elegant, single vineyard Chardonnay is aged partially in new and partially in second fill French oak. It has a generous, inviting palate with notes of honey, golden delicious apple and pineapple. To be enjoyed with fish, poultry or vegetarian dishes.

Red wine

Dessert wine

Switzerland

Alpberg Pinot Noir 2020

Hauksson Weine – Rüfenach, Aargau AOC
Pinot Noir

Hoss Hauksson, the new star of biodynamic winegrowing in Switzerland, hails from Iceland and cultivates six hectares of vines. With each wine produced having its own runic label. His highly acclaimed Pinot Noir Alpberg is a funky experience with a dynamic bouquet of raspberry, red cherry, pepper and graphite. Powerful and perfumed with a hint of smoke on the finish. Goes well with poultry, fish or cheese.

France

Château Troplong Mondot 2014

Château Troplong Mondot – Saint-Émilion, Bordeaux
Merlot, Cabernet Sauvignon, Cabernet Franc

Château Troplong Mondot dates back to the 17th century and today cultivates 43 hectares of vines in Saint-Émilion. The vines are an average of 30 years old and grow in the clay-limestone soils typical of the appellation. The 2014 vintage shows notes of liquorice, black cherry, dark chocolate smoke and toasty oak with delicate, well-integrated tannins. Pairs well with meat, pasta, poultry or rich dishes.

South Africa

Boekenhoutskloof Syrah 2019

Boekenhoutskloof – Swartland
Syrah

The winery is located at the far end of the Franschhoek Valley, the historic home of the French Huguenots who settled the area. The wine has been aged partially in Austrian oak foudres and demi-muids for 18 months. This fruit-driven Syrah shows notes of cranberry, dark plum and Szechuan pepper on the palate and a marvelously smooth, well-structured finish. Wonderful with savoury dishes.

France

Château Raymond-Lafon 2015

Château Raymond-Lafon – Sauternes, Bordeaux
Sémillon, Sauvignon Blanc

Château Raymond-Lafon is located just five minutes from the famous Château d'Yquem: The father of Château Raymond-Lafon's current owners was winemaker here for many years. This 2015 vintage shows ripe notes of honey, raisin, dried apricot and pineapple marmalade, accompanied by a vibrant acidity, making every sip wonderfully light and fresh. Perfect for after a meal, with cheese, dessert or on its own.

Tea Coffee Digestif

Tea selection by SIROCCO

Black tea

Gentle Blue Organic Earl Grey
Ceylon Sunrise Organic

Rooibos tea

Rooibos Tangerine Organic

Fruit tea

Red Kiss Organic

Herbal tea

Piz Palù Organic
Moroccan Mint Organic
Verbena Organic
Camomile Orange Blossoms Organic

Green tea

Japanese Sencha Organic

Coffee selection by NESPRESSO

Colombia Organic

Creamy and long-lasting.
An enticing toasted cereal character in harmony with this origin's classic red fruit note.

Peru Organic

Fruity and elegant.
Composed by arabicas coming from the central region of Huabla in Peru.

India

Powerful and full-bodied.
Nice spicy notes developed with a blend of arabicas and canephoras from the regions of Kerala, Karnataka and Tamil Nadu in India.

Decaffeinato

Dense and powerful.
Composed by a blend of arabicas and canephoras coming from Colombia and Brazil, among others.

Can be served as Ristretto, Espresso, Lungo and Cappuccino

Digestif

Original Swiss Etter Kirsch Vintage
Original Swiss Etter Williams
Grappa di Moscato Nonino Monovitigno
Cognac Rémy Martin XO Excellence

Whisky

Sântismalt Himmelberg Edition – Swiss Single Malt 4 years old
Glenmorangie The Tribute – Single Malt 16 years old
Chivas Blended Scotch 18 years old

Port

Graham's Tawny 20 years

Symington Family Estates – Douro, Portugal
Touriga Nacional, Touriga Franca, Tinta Barroca, Tinta Roriz, Tinto Cao
This 20-year-old port has an intense, nutty bouquet, with the classic Graham's richness and a concentrated, lingering finish. It is the perfect blend of complexity and fresh fruit, with notes of raisin jam. To enjoy by itself, with cheese or chocolate.

the 1990s, the number of people with a mental health problem has increased in the UK, and the number of people with a mental health problem who are in contact with mental health services has also increased. This is reflected in the fact that the number of people with a mental health problem who are in contact with mental health services has increased from 1.5 million in 1990 to 2.5 million in 2000 (Mental Health Act 1983, 1990).

The increase in the number of people with a mental health problem who are in contact with mental health services is a result of a number of factors. One of the main factors is the increase in the number of people with a mental health problem who are in contact with mental health services. This is due to a number of factors, including the fact that the number of people with a mental health problem who are in contact with mental health services has increased from 1.5 million in 1990 to 2.5 million in 2000 (Mental Health Act 1983, 1990).

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