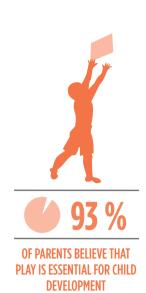


| |**|** 

PLAY AND RECREATION ARE ESSENTIAL TO CHILDREN'S HEALTH AND WELL-BEING. THEY PROMOTE THE DEVELOPMENT OF CREATIVITY, IMAGINATION, SELF-CONFIDENCE, AND PHYSICAL, SOCIAL COGNITIVE AND EMOTIONAL STRENGTH AND SKILLS. THEY CONTRIBUTE TO ALL ASPECTS OF LEARNING. (...) THEY ARE ALSO A FORM OF PARTICIPATION IN EVERYDAY LIFE, AND ARE OF INTRINSIC VALUE TO THE CHILD.

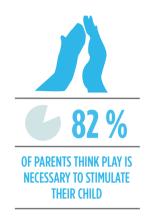
UNITED NATIONS COMITTEE ON THE RIGHTS OF THE CHILD, 1 FEBRUARY 2013







OF MOTHERS THINK THAT PLAY HELPS CHILDREN TO GROW UP



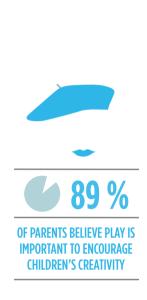


THAT PLAYING IS A 'PRIZE' That Children Must Earn

FOR MANY CHILDREN AROUND THE WORLD, TOO LITTLE ATTENTION IS PAID TO THE(SE) RIGHTS (TO REST, LEISURE, PLAY AND RECREATIONAL ACTIVITIES). AND WHERE THERE IS RECOGNITION, IT TENDS TO FOCUS ON STRUCTURED AND ORGANISED ACTIVITIES, RATHER THAN ALLOWING FOR SPONTANEOUS PLAY, RECREATION AND CREATIVITY.

UNITED NATIONS COMITTEE ON THE RIGHTS OF THE CHILD, I FEBRUARY 2013

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THAT A LACK OF PLAY CAN HAVE A NEGATIVE EFFECT ON THEIR CHILDREN'S COMMUNICATION SKILLS

**OF UK PARENTS BELIEVE** 





OF PARENTS BELIEVE THAT A LACK OF PLAY CAN DAMAGE THEIR CHILDREN'S CONFIDENCE



IT IS AN ESSENTIAL PART OF GROWING UP AND DEVELOPS SKILLS FOR LIFE.

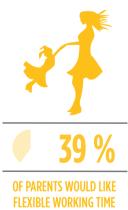
CHILDREN'S PLAY IS UNDER THREAT BECAUSE OF INCREASING URBANISATION, THE INCREASING STRESS OF FAMILY LIFE,
AND CHANGES TO THE EDUCATIONAL SYSTEM.

"

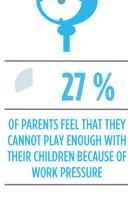
DR DAVID WHITEBREAD, UNIVERSITY OF CAMBRIDGE, THE IMPORTANCE OF PLAY: A REPORT ON THE VALUE OF CHILDREN'S PLAY WITH A SERIES OF POLICY RECOMMENDATIONS, APRIL 2012

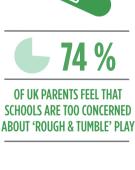
51 %

OF UK PARENTS BELIEVE THAT A LACK OF PLAY CAN STIFLE CHILDREN'S IMAGINATION



TO ENCOURAGE PLAY





WORK PRESSURE

ANY SOCIETY WISHING TO FULLY BENEFIT FROM ITS POTENTIAL WOULD BE WISE TO PROVIDE QUALITY CHILDREN'S PLAY OPPORTUNITIES.

DR DAVID WHITEBREAD, UNIVERSITY OF CAMBRIDGE, THE IMPORTANCE OF PLAY: A REPORT ON THE VALUE OF CHILDREN'S PLAY WITH A SERIES OF POLICY RECOMMENDATIONS, APRIL 2012

DESPITE ITS RECOGNISED BENEFITS, PLAY IS INCREASINGLY UNDER THREAT.

WHAT COULD A PLAY DEFICIT MEAN FOR EUROPE'S FUTURE?

WHAT CAN EUROPE DO TO ENSURE THAT CHILDREN HAVE APPROPRIATE OPPORTUNITIES TO PLAY AND TO SAFEGUARD EUROPE'S CREATIVITY?

Taking play seriously

**SOURCES**