**ADRIANNE HO**

**Q&A**

**What is your earliest adidas memory?**

Wearing the full 3 stripe tracksuits as a kid.

**What would you like your impact to be on culture?**

To inspire and motivate people to live their best lives.

**In the lyrics of the track we hear throughout the video “Keep pushing on”. What drives you to keep pushing on?**

To be better than I was yesterday.

**The film explores the idea of evolution. How do you continue to evolve?**

I believe evolution takes place when we are pushed outside of our comfort zone. I try not to shy away from situations that I struggle in because if I focus my energy on improving my weaknesses then they will eventually become my strengths.

**What does it mean to be original?**

To know yourself and be true to yourself.