Gilenya: Addressing the Measures of Multiple Sclerosis Media Fact Sheet

Multiple sclerosis (MS) is a chronic autoimmune inflammatory disease of the central nervous system (CNS)¹ and affects 2.5 million people worldwide². It can cause a range of physical and mental problems including loss of muscle control and strength, vision, balance, sensation and mental function³. There are four measures of disease activity which help assess the progression of a person's MS; namely disability progression, relapses, MRI activity and brain volume loss.

Gilenya® (fingolimod), a once-daily oral treatment approved to treat relapsing forms of MS, is the only oral disease-modifying therapy (DMT) to impact the course of MS with high efficacy across the four measures of disease activity⁴⁻⁸, with one out of two patients on Gilenya remaining disease free* after one year compared with one out of three patients on standard interferon treatment (interferon beta 1a) (P<0.001; n=1292)⁹. Early and long term improvements have been observed both when patients started on Gilenya^{4,5,7,10,11} and after they had been switched from standard interferon (interferon beta 1a) treatment to Gilenya^{6,12}.

Free of disability progression

People with MS may increasingly lose their independence due to accumulating disability. Some may lose their ability to walk, and some may experience problems with sight³. Early treatment is key to giving a person with MS as much time free of disability progression as possible.

- Gilenya has been shown to reduce the risk of six month confirmed disability progression by 37% at year two compared to placebo (secondary endpoint; P=0.01; n=425, n=418 respectively)⁵.
- In patients continuously treated with Gilenya for up to four years, four in five remained free of disability progression, compared to 7 out of 10 patients switched from placebo at two years (P=0.012)⁷.

Free of relapses

The annualized relapse rate (ARR) is the average number of relapses an individual with MS has per year, and is an important measure because relapses can potentially significantly advance an individual's level of disability¹³.

- Gilenya is the only oral treatment with superior relapse reduction vs. an active comparator^{4,14}.
- Post hoc analyses demonstrated that Gilenya provided a 61% relative reduction in ARR versus standard interferon at one year in patients** failing on standard interferon (P<0.01; n= 160, n=149 respectively)¹⁴.
- Gilenya treatment has been shown to maintain a low ARR
 (0.17) for more than four years in clinical trials (exploratory analysis, n=429)¹⁵.





In patients continuously treated with Gilenya up to 4 years, 4 out of 5 patients were free of disability progression 7



U NOVARTIS

Free of MRI activity

During the course of MS, inflammation, which occurs when the body's immune cells attack the nervous system, can cause lesions (areas of damage) on any part of the CNS, including the brain. The amount of MRI activity, which is related to the number and volume of lesions, has been shown to be associated with relapses¹⁶. Relapses can potentially have a significant effect by advancing an individual's level of disability¹³.

- More than twice as many patients on Gilenya (51%) where free of new or newly enlarged T2 lesions compared to placebo (21%) in a two-year study (secondary end point; P<0.001; n=370, n=339 respectively)⁵.
- 69% of patients who continued on Gilenya up to four years remained free of new or newly enlarged T2 lesions (secondary end point; P<0.01 for months 24-48 vs. months 0-24; n=163)⁷.

Reduced rate of brain volume loss

MS patients lose brain volume approximately three to five times faster than people without MS, starting in the earliest, clinically silent stages of the disease¹⁷⁻²². Early brain volume loss is the best predictor of long-term disability¹⁷. Brain tissue loss is irreversible.

- Gilenya is the only oral treatment proven to consistently limit brain volume loss: seen within 6 months, and sustained for up to 4 years in Phase III studies and up to 7 years in a Phase II study^{7,8,11}
- Patients who started on Gilenva and stayed on for four years or more had significantly lower rates of brain volume loss compared with patients who switched from placebo to Gilenya after two years (exploratory analysis; P<0.001; n=299, n=259 respectively)'.
- Patients who completed up to seven years of a Phase II trial experienced consistently low rates of brain volume loss¹¹.

* "Disease-free" is defined as absence of Gd+ T1 lesions, new/enlarged T2 lesions, confirmed relapses, and 3-month confirmed disability progression.

** In patients with high disease activity despite standard interferon treatment.

References:

- http://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0001747/. Accessed June 2013.
- Multiple Sclerosis International Federation. Atlas of MS [online]. Available at: www.atlasofms.org. Accessed June 2013. 2
- http://www.nationalmssociety.org/about-multiple-sclerosis/what-we-know-about-ms/symptoms/index.aspx. Accessed June 2013. 3. Cohen JA, Barkhof F, Comi G, et al; for TRANSFORMS Study Group. Oral fingolimod or intramuscular interferon for relapsing multiple sclerosis. N Engl J Med. 2010;362(5):402-4. 415.
- 5. Kappos L, Radue E-W, O'Connor P, et al; for FREEDOMS Study Group. A placebo-controlled trial of oral fingolimod in relapsing multiple sclerosis.
- Montalban et al. Long-term efficacy of fingolimod in patients with relapsing-remitting multiple sclerosis previously treated with interferon beta-1a or disease-modifying therapies: 6. A Post-hoc analysis of the TRANSFORMS 4.5 year extension study. European Neurological Society, June 10, 2013 P539.
- Kappos L, Radue E-W, O'Connor P, et al. Phase 3 FREEDOMS study extension: fingolimod (FTY720) efficacy in patients with relapsing-remitting multiple sclerosis receiving continuous or placebo-fingolimod switched therapy for up to 4 years. Poster presented at: 28th Congress of the European Committee for Treatment and Research in Multiple 7
- Continuous of pracedo-inigoninou switched interapy for up to 4 years. Poster presented at 20th Congress of the European Committee in relapsing multiple sclerosis. Poster P979. Chin PS, Calabresi PA, Zhang Y, von Rosenstiel P, Kappos L. Early effect of fingolimod on clinical and MRI related outcomes in relapsing multiple sclerosis. Poster presented at: 28th Congress of the European Committee for Treatment and Research in Multiple Sclerosis; October 10-13, 2012; Lyon, France. Abstract P459. Khatri B, Barkhof F, Comi G, Jin JF, Francis G, Cohen J. Fingolimod treatment increases the proportion of patients who are free from disease activity in multiple sclerosis Khatri B, Barkhof F, Comi G, Jin JF, Francis G, Cohen J. Fingolimod treatment increases the proportion of patients who are free from disease activity in multiple sclerosis 8.
- 9. compared to interferon beta-1a: results from a phase 3 active-controlled study (TRANSFORMS). Abstract presented at: 64th AAN Annual Meeting; April 21-28, 2012; New Orleans, LA, Abstract PD5:006.
- Cohen J, et al. Fingolimod-effect on brain atrophy and clinical/MRI correlations in Three Phase 3 studies TRANSFORMS, FREEDOMS and FREEDOMS II. Abstract presented 10. at AAN, San Diego, March 2013. Antel J, Montalban X, O'Connor P, et al. Long-term (7-year) data from a phase 2 extension study of fingolimod in relapsing multiple sclerosis. Poster presented at: 64th AAN
- 11. Annual Meeting; April 21-28, 2012; New Orleans, LA. Poster P01.129. Hartung et al. Relationship between early disease activity and long-term clinical outcome: Results from the phase 3 TRANSFORMS study extension at 4.5 years in relapsing-
- 12. remitting multiple sclerosis. European Neurological Society, June 9, 2013 P380. Lublin FD, Baier M, Cutter G. Effect of relapses on development of residual deficit in multiple sclerosis. Neurology. 2003;61(11):1528-1532. 13.
- Havrdová E, Kappos L, Cohen JA, Devonshire V, Zhang-Auberson L, Häring DA, et al. Clinical and magnetic resonance imaging outcomes in subgroups of patients with highly active relapsing-remitting multiple sclerosis treated with fingolimod (FTY720): results from the FREEDOMS and TRANSFORMS phase III studies. Poster presented at the 5th 14. Joint Triennial Congress of the European and Americas Committees for Treatment and Research in Multiple Sclerosis, 19–22 October 2011, Amsterdam, the Netherlands. Poster P473.
- Montalban X, Barkhof F, Comi G, et al. Long-term comparison of fingolimod with interferon beta-1a: results of 4.5-year follow-up from the extension phase III TRANSFORMS study. Poster presented at: 28th Congress of the European Committee for Treatmentand Research in Multiple Sclerosis; October 10-13, 2012; Lyon, France. Abstract P517. 15.

Sormani MP, Bruzzi P. MRI lesions as a surrogate for relapses in multiple sclerosis: a meta-analysis of randomised trials. Lancet Neurol. 2013Jul;12(7):669-76 16 17.

- Popescu V, Agosta F, Hulst HE, et al; on behalf of the MAGNIMS Study Group. Brain atrophy and lesion load predict long term disability in multiple sclerosis. J Neurol Neurosurg Psychiatry, 2013 Mar 23. 18. Pérez-Miralles F, Sastre-Garriga J, Tintoré M, et al. Clinical impact of early brain atrophy in clinically isolated syndromes. Mult Scler. Published online: 7 May, 2013. doi:
- 10.1177/1352458513488231
- Barkhof F, Calabresi PA, Miller DH, Reingold SC. Imaging outcomes for neuroprotection and repair in multiple sclerosis trials. Nat Rev, Neurol. 2009;5(5):256-266. Bermel RA, Bakshi R. The measurement and clinical relevance of brain atrophy in multiple sclerosis. Lancet Neurol. 2006;5(2):158-170. 19. 20.







Filippi M, Bozzali M, Rovaris M, et al. Evidence for widespread axonal damage at the earliest clinical stage of multiple sclerosis. Brain. 2003;126(Pt 2):433-437.
 Vigeveno RM, Wiebenga OT, Wattjes MP, Geurts JJG, Barkhof F. Shifting imaging targets in multiple sclerosis: from inflammation to neurodegeneration. J Magn Reson Imaging. 2012;36(1):1–19.

U NOVARTIS