

**MAKE ROOM FOR
GOOD FOOD**



Sweden meets Italy – IKEA Food Italian meatball dish

IKEA Festival 4-9 April 2017

The IKEA meatballs are a true IKEA icon, just as known as the BILLY bookshelf or the KLIPPAN sofa. Traditionally served with mashed potatoes, cream sauce and lingonberry jam, they became a known and popular taste of the hearty Swedish kitchen.

In Sweden we really do like our meatballs, but we have to admit that Swedes are not the only people in the world with an appetite for minced meat rolled into a round shape.

Boulette, Frikadelle or kofta – meatballs have many names and come in different tastes around the globe. In Italy they are called *polpette* and are often joined by sunny flavours of parsley and tomato. So when IKEA Food decided to be part of the IKEA Festival in Milan, our IKEA Food chefs said: *Let's do a Swedish version of an Italian polpette!*

Said & done: During the IKEA Festival we will serve the IKEA version of Italian meatballs, combined with mashed potatoes, smoked tomatoes and tomato sauce. Parsley and Parmigiano cheese bring that classic Italian feeling. We don't really care if you call this a Swedish dish with an Italian feel or an Italian dish with a Swedish twist – we hope you'll find it delicious!

Want to try this at home? Frozen Swedish meatballs to cook at home can be found in Swedish Food Markets in IKEA stores worldwide. The Swedish Food Market also offers a large variety of other foods typically enjoyed in Sweden, which easily bring a taste of Sweden in kitchens around the world.

Questions? Please contact:

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SWEDISH FOOD MARKET FINDINGS:



**ALLEMANSRÄTTEN
KÖTTBULLAR**
Swedish meatballs,
frozen, 1kg



ALLEMANSRÄTTEN
Mashed potatoes,
frozen, 0.6kg

