

fit smart







tech spec:



Materials Soft touch silicon strap



Display 17 x 11 LÉD matrix



Sensors

Accelerometer, Mio continuous optical heart rate



Battery

200mAh lithium ion, charging time ~3 hours



Battery Life

Up to 5 days on single charge, 1 hour workout per day*



Data Memory

Up to 10 hours workout data



RF Protocol

Bluetooth® 4.0 (Bluetooth Smart), 2.4GHz



Weight ~ 47 / 50g (Small/Large)



Size

width 34mm, height 12.17mm, length 184 / 207mm

*Battery life between charges varies based on display settings, usage of watch functions, type of workout and length of workout per day

